

Things to bring: Participant Information for Blake Island

We will be sleeping in our tents in a campground because there is no space on the boats. If it rains we will all need shelter, so please bring a tent, and sleeping mattress and bag for yourself.

Check your equipment before the trip:

- Make sure your tent has all it's poles, lines, pegs and that the zippers work
- Your air mattress will hold air
- Your batteries in your flashlight, cell phone and other devices are good. There is no electricity at the campsite so unless you have solar or hand crank chargers things can get dark and quiet.

You must bring your own food that does not need refrigeration for the trip over to Blake Island and the trip back to Elliott Bay Marina : two lunches and mid-meal snacks (i.e. peanut butter and jelly sandwiches, muffins, breakfast bars, apples, oranges, a box of crackers and cheese, cookies, pretzels, other snacks.) Pack these items in plastic bags, then in a strong bag with a strap. We will have to put our food in containers (provided by the rangers) at night (to keep out raccoons). Any unattended food may disappear during the day (crows and raccoons !!!)

Also bring your own drinks if you want more than the water supplied by Footloose in cans or plastic bottles (**not glass!**): i.e. Gatorade, soft drinks, V-8. Powder drinks are easy to carry.

PLEASE DON'T OFFER FOOD TO CHILDREN WITHOUT THEIR PARENT'S PERMISSION. THEY MAY HAVE ALLERGIES!

LABEL YOUR GEAR AND YOUR FOOD! Otherwise it may not end up on your boat or in your tent when you get to Blake Island and need it. If it goes back on the wrong boat, you may have to wait to get your stuff back.

The weather can be warm or chilly, so be prepared for both.

Please bring or wear the following items for yourself:

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|---------------------------------------|---|
| tent | sunglasses |
| sleeping bag and air or foam mattress | sunhat (i.e. baseball cap) |
| ground pad or tarp | shorts |
| warm jacket and warm hat | long sleeve cotton shirt for sun protection |
| warm shirt or sweater | toothbrush and comb |
| long pants | small flashlight (headlamp if you use a cane or have difficulties with balance) |
| comfortable shoes | all medications you need |
| rain gear/poncho | full water bottle |
| rain hat | mosquito repellent |
| sunscreen | |

Check the weather forecast. If rain is predicted, you might want to bring extra warm clothes and rain gear. Bring 2-4 extra heavy-duty large plastic bags for emergency rain gear, and to keep your gear dry.

On the boat you will need your warm jacket and warm hat, rain protection, your lunch, water bottle or lunch drink, sunscreen, sunglasses and sun hat, and any medications where you can reach them, ideally in a small daypack. Your dry clothes and lunch should be in plastic bags inside the pack. Accessibility of the boat toilet on the trip over may be marginal to non-existent, so use the bathrooms at the marina before we leave. If bladder control over several hours might be a problem, let me know and I'll try to put you on a boat with less gear blocking your access, but bathroom visits when sailing always require stairs!

The restrooms we use at Blake Island are wheelchair accessible, but the path to them is on mildly uneven grass and dirt. The shortest footpath goes through fifteen feet of woods and roots and is narrow, uneven, and easy to lose in the dark. To get there over better grass and dirt paths is about 150 feet. Bring headlamps if you can, so your hands are free.

Reminder: Absolutely no food can be kept in your tents, NOT ANY, unless you like sleeping with racoons!!!

Roll up your own sleeping bag in it's own bag or plastic bag, Put your dry clothes in a pack or plastic bag. Put food in multiple bags, plastic rather than paper (paper gets wet and will fall apart). Ideally pack all your gear in a pack or duffel bag if you have one, and carry what you need on the boat in a small daypack. LABEL YOUR GEAR! Many people will handle your gear on its way to the campsite.

The campsites will have fire pits and picnic tables. The Tillicum Village store will be open, so you may want to bring checkbooks, plastic money or a small amount of cash.

For safety reasons alcohol consumption is not allowed in state parks like Blake Island or on Footloose boats. Smoking and illegal drugs are not permitted on Footloose boats.

Please do not wear flip flops on the boats. It is a safety issue. Also, please don't wear shoes with Black soles that may markup our skippers boats. I appreciate your cooperation with these issues.

If you have any questions please call me.

Bob
206-236-2498