

WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock



COREY HENNING

It is with great regret that we report that Corey died in June. He was initially a participant with Footloose and transformed himself into an invaluable volunteer. He was awarded the Loose Screw Award in 2009. Corey will be missed.

Please see inside for more information about Corey

Footloose

2020

Sailing Schedule

The 2020 Sailing Schedule continues to be pushed back, due to the Covid 19 outbreak.

A new schedule will be issued once things settle down.

Many of our sailors have underlying health issues and we must do all we can to protect them.

NEW BOAT

SEE PAGE FIVE



Changes – Page 4

Footloose is an all volunteer 501(c)(3) organization funded entirely by donations.

Corey Henning

Corey found Footloose after sustaining a motorcycle injury and the doctors had told him that he may never be able to walk or talk again. Sailing had been a passion of Corey's and Footloose provided a way for him to get back on the water. It also provided the motivation he needed to get back on his feet, literally.

Corey was a loved and valued member of the Footloose family. During his recovery, he began to share his story and volunteer, inspiring others to overcome as well. He also became a board member, fund raiser with his mom Geri and an all around promoter of Footloose! His little dog Jazzy and Corey's big smile were a familiar sight at most of the Footloose events.

Fondly remembered also will be the famous "Bag omelettes" he would make for breakfast during the annual Blake Island camping trip.

Corey- Thank you for all you have done for Footloose. You will be missed. May you find fair winds and following seas in the hereafter.



Corey in his element

In His Own Words

Corey allowed himself to be interviewed for a Footloose documentary. The transcript of a portion of the interview is shown below.

"June 12 of '06 I was in a motorcycle wreck. At that point they weren't sure if I'd ever walk or talk again. Every week there was sailing. During that time in between I pushed myself harder and by the second year that I came to Footloose I was using a walker by then and I really believe to this day that Footloose made me walk and talk because it brought me back to what I loved. Get out and feel that freedom and the wind you know, specially when you've got no motor going, it's pretty amazing the sound of the water on the side of the boat. A lot of people fall asleep because it's really calming. I built up strength in my hands and my arms and everything pulling the sails in and out and I believe to this day that it's because of Footloose. Without it I wouldn't be walking or talking"



Corey at a Mid-Winter Potluck Party

At The Tiller

Ahoy Footloose sailors!
We are still waiting for a safe time to get Footloose going.

It would be difficult to practice the social distancing while sailing on the boats plus loading and unloading the boats would be a problem.

I'm missing my Footloose family very much and hope you are all doing ok.

Please consider supporting Footloose because it's this generosity that makes Footloose possible. A big THANK YOU goes out to our volunteers, donors and businesses that help Footloose because without them Footloose wouldn't exist.

You can keep up with Footloose on our facebook page or at our website footloosedisablesailing.org.

fair winds,

Captain Bob



Great Frieda...now this time I'll attach it to the sail.

With thanks to "The Real Joy of Sailing"

Many Thanks to our 2020 Financial Contributors

- Susanna Valleau - in honor of David Badiou NW Trophy
- Helen Owens - Emmanuel Episcopal Mercer Island
- Elizabeth Eason - Emmanuel Episcopal Mercer Island
- Emmanuel Episcopal Mercer Island - potluck venue
- Marcia Palk
- Jessica Hodgins
- Scott & Wendy Wands
- NW Yacht Brokers Association
- Morgaine McFarland
- Boeing Employees Credit Union
- Judy Neilson – boat donation

2020 Footloose Membership

2020 Footloose Memberships can be purchased on line or by mail. To purchase on line go to Footloose's website footloosedisablesailing.org and click on "Support Footloose". Donate \$25 for a single membership or \$45 for a family. In the "Leave a Note" box please note that the donation is for a membership.

Membership can also be purchased by mailing a check for \$25 or \$45 can be mailed to Footloose at 7683 SW 27th St. PMB#239, Mercer Island, WA 98040.

Thank-you for your support. Even though the season is currently passing us by, our main expenses continue to be incurred.

Changes – Move United

Footloose has always been a member of Disabled Sports USA (DSUSA). DSUSA has merged with Adaptive Sports USA to become Move United. From their website;

The merger of Disabled Sports USA and Adaptive Sports USA unifies community-based adaptive sports under one national organization, bringing recreational and competitive adaptive sports together for the first time. This merger will make Move United an influential, prominent national organization which will lead to increased support and raised public awareness for our important work, leading to more opportunities for youth and adults with disabilities to be included and valued.

Changes – Operating Policy

Footloose, as a member of DSUSA and now Move United, has had to implement a Sport Protection Policy. As a member, and as we get our insurance through Move United, we don't have a choice.

The Protection Policy stems from issues with female gymnasts, the Boy Scouts and some religious groups. The intent of the Policy is to protect vulnerable minors and wards from abuse.

A group of Footloose Board members has been working over the past months on the policy. To-date Footloose had not experienced any of the issues covered by the policy so we do not anticipate any change in our day to day activities.

There will be changes in how volunteers are signed up. Any volunteer that expects to be involved with Footloose on an ongoing basis (defined as participating in three or more events in a year) will need to go through a background check, take awareness training and go through an interview process. The background check must be done annually. The awareness training must be refreshed annually.



Board members meeting to review the Protection Policy

Corey and Friends



The Newest Addition to the Footloose Fleet



Our Harbor 20 In The Factory

Footloose is currently in the process of buying the boat shown above. It is not new but has undergone a full factory refurbishment with new chainplates, mast, boom, jib boom, standing and running rigging, electric motor, battery and hull and bottom paint.

The boat is being purchased with funds from Rotary as well as other contributors.

The Harbor 20 is 20-feet long, with a beam of 7-feet and a draft of 3.5-feet. It has 900 pounds of ballast.

The cockpit is almost as large as the old Columbias. The seatbacks are high enough to give good support for the passengers. The self-tacking jib means people won't be crawling over each other during tacking.

The electric motor will be quieter, more environmentally friendly and easier to start than a gasoline motor.

Trailer For Sale



Footloose is selling the trailer shown above. The deck is 8' wide and 12' 11" feet long. It will be have a new wood deck. With improvements the asking price is now \$1,600. Please contact us if you are interested in it.

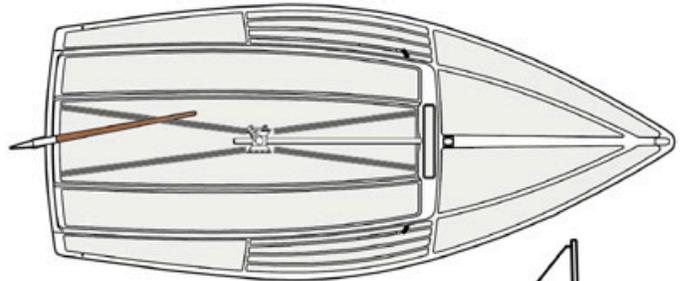
Footloose Paraphernalia

The following items can now be purchased at the Footloose store:

- Knit Beanie
- Spiral Notebook
- Stainless Steel Travel Mug
- Unisex Trucker Hat
- Unisex Twill Hat

Just go to the Footloose website and click on "Shop". Thanks for supporting Footloose.

Boat For Sale



CATALINA 16.5 Principal Specifications

Length Overall	5.23m	17' 2"
Length of Hull	4.98m	16' 4"
Beam	2.13m	7' 0"
Draft	1.35m	4' 5"
Board up	0.13m	0' 5"
Ballast	13.6kg	30 lb.
Approx. Wt.	195kg	430 lb.
Sail Area		
Mainsail Rated	8.5m ²	91.5 sq. ft.
Total (100% foretriangle)	13.9m ²	150 sq. ft.
I	5.76m	18' 11"
J	1.68m	5' 6"
P	6.20m	20' 4"
E	2.74m	9' 0"
Mast length	6.96m	22' 10"
Sail Area/Displacement	42.13	
Steering		Tiller
Rigging Type		Single Spreaders
Shrouds		1x19
Uppers	0.32 cm	1/8"
Lowers	0.32 cm	1/8"
Forestay	0.32 cm	1/8"
Halyards		
Rope, low stretch	0.64 cm	1/4" Led Aft
Boom Vang		Block and Tackle
Number of crew		1-4 Adults



All specifications are approximate. Specifications and/or equipment are subject to change without notice.

A Catalina 16.5 was graciously donated to Footloose to use or sell. As it is not suitable for our uses, we are selling it. It is over 20 years old but in good shape. It does not come with a trailer. If you are interested in purchasing it please contact us.

FOR MORE INFORMATION ABOUT FOOTLOOSE

Web site – footloosedisabledsailing.org

Email – info@footloosedisabledsailing.org

Like us on Facebook – [Footloose Sailing Association](#).

Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footloose.