

WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock



Two unidentified ducks salute the 2020 sailing season

At The Tiller

Ahoy Footloose sailors!

As I'm writing this on December 18, the sun is still heading south to it's solstice meeting with the tropic of Capricorn 23d 26' 22" (23.4394 degrees) south of the equator. As a shellback who has been to tomorrow and south of Capricorn, I can appreciate this event because it means that from that solstice meeting forward the days will get longer and summer will return with ... SAILING!!!

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Footloose

Mid-Winter

Potluck Party

The 2021 Potluck is on hold, pending reduction in the Covid 19 risk.

FOR SALE

See Pages 5 and 6 for items being sold to raise funds for Footloose

Please note – If you use Amazon Smile, part of your purchase price can go to “Disabled Sports USA – Footloose Chapter.”



Footloose is an all volunteer 501(c)(3) organization funded entirely by donations.

At The Tiller (Cont'd)

Even though Footloose isn't sailing, we still have ongoing efforts by volunteers in meetings, fund raising, administration, paperwork, accounting, maintenance, trailer and boat sales. A big thank you to the Footloose Volunteers, businesses and organizations!

We've had several generous donations here at the end of the year and in the thank you tax letter that Footloose sends I've been saying 'This gives smiles to a lot of disabled sailors and will help to keep us afloat during the Covid shutdown. Thank you for throwing Footloose a lifeline in these troubled waters!'

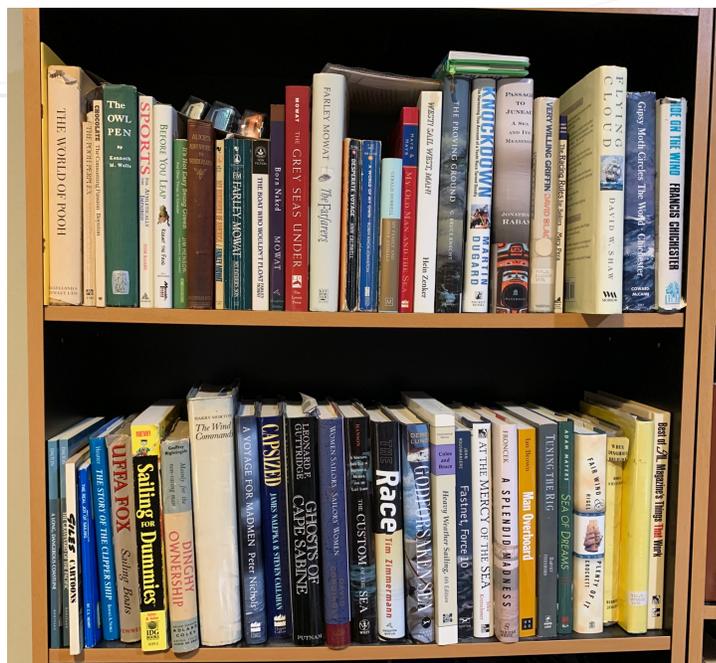
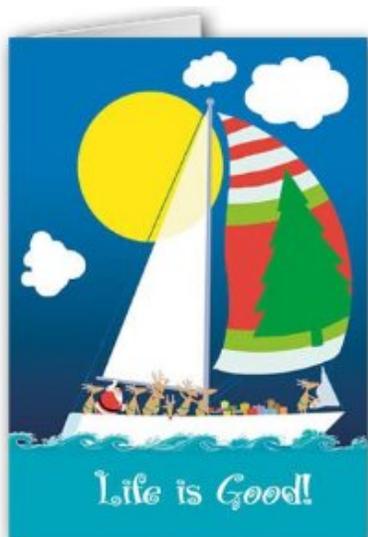
You can keep up with Footloose on our facebook page:

<https://www.facebook.com/FootlooseSailingAssociation/>

or at our website:

footloosedisablesailing.org.

fair winds, Captain Bob



We Can't Sail but We can Read

The Virus prevented us from enjoying this year's sailing season. However, all is not lost. As I found out living for 7 land-locked years in Calgary, you can sail in your mind. The following is a list of some of the books in my library.

Very Willing Griffin – David Blagden. The story of a young man racing single-handed in the OSTAR trans-Atlantic race in 1972, in a 19-foot boat. A highly-readable book chronicling his preparations and the race.

A Voyage for Madmen – Peter Nichols. Nine men set out to race each other around the world. Only one made it back. A great read that confirms we're not all cut out to solo around the world.

Gypsy Moth Circles The World – Sir Francis Chichester. Sir Francis writes of his 226-day solo sailing journey around the world, done at the age of 65.

Passage to Juneau – A Sea and Its Meanings – Jonathan Raban. Not a man-against-the-sea book but a journal of Raban's journey up the inside passage.

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We Can Read

(cont'd from Page 2)

Sailing Alone Around The World – Joshua Slocum – This is the story of the first man to sail alone around the world, in 1895.

My Old Man and the Sea – David & Daniel Hayes. A father and son build a 25-foot and sail it around Cape Horn.

Flying Cloud – David W. Shaw. In 1851 the Flying Cloud set sail on her maiden voyage from New York to San Francisco. This is the story of how the ship, with navigator Eleanor Creesy, set a passage record that stood for more than 100 years.

The Proving Ground – G. Bruce Knecht and **Knockdown** – Martin Dugard. Two books that describe the 1998 Sydney to Hobart race in which 24 boats were abandoned and six sailors were lost.

When Dinghies Delight – Robin Steavenson. 1955 – An instructional book that describes in actual races every maneuver made and the reason for it.

Sea of Dreams – Adam Mayers. This book tells the story of the 2002 Around Alone yacht race, attempted by 13 sailors in 40-foot to 60-foot boats.

A Splendid Madness – Thomas Froneck. Froneck tells of his sailing lessons, boat purchases and learning to sail.

Fair Wind & Plenty Of It – Rigel Crockett. A modern day account of a square-rigger's year and a half journey around the world, with a mixed crew of professional sailors and paying passengers.

Many Thanks to Our 2020 Financial Contributors

Susanna Valleau - in honor of David Badion
 NW Trophy
 Helen Owens
 Elizabeth Eason
 Emmanuel Episcopal Mercer Island
 Marcia Palk
 Jessica Hodgins
 Scott & Wendy Wands
 NW Yacht Brokers Association
 Morgaine McFarland
 Boeing Employees Credit Union
 Clifford Cooley
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 Cassandra Garmin
 Bruce Ford
 Robert Dolittle
 Michael Graves
 Anonymous #2
 Shirley Jacobs
 Rotary: Alderwood Terrace, Edmonds
 Daybreakers, University District, Mercer Island,
 District 5030, Magnolia, Shoreline
 Paul Viola
 Jenny McFarland
 Newcomb Foundation
 Shilshole Bay YC
 Tania Scutt
 Susan Arrieta
 Richard Adler



The Summer of 2017

Let's remember the good times. The following was taken from the June 3, 2017 Seattle Times.

For the group's first event of the season, on May 20, the turnout was modest: about a dozen volunteers and at least as many sailors, including a group of disability activists from Morocco, Tunisia and Egypt visiting Seattle on a U.S. State Department-sponsored trip.

They board Ewing's boat, together with a 28-year-old woman who was paralyzed in a car accident three years ago, and a few able-bodied companions and caretakers.

Meanwhile, on a nearby dock, Faron Shanklin, a 55-year-old quadriplegic from Snohomish, is being lowered into a 16-foot boat. To control it, he'll use a "sip-and-puff" device that enables him to use his breath to move the rudder and operate a winch that controls the sails.

Paralyzed 30 years ago, when someone shot him in the neck, the former Navy man has been sailing with Footloose for 11 years, starting first as a passenger, then as a skipper, using a joystick operated with his chin.

Today is his second sail using the breathing device.

His face relaxes into a beatific smile as he recalls his first time at the helm.

"The wind picked up, and we were gone," he says. "I had a new independence. I could go in any direction I wanted. That really hooked me on sailing."

He's gotten so adept, he says, that he once sailed from Leschi to Mercer Island and back in eight minutes.

Getting Shanklin into the 16-foot boat is a complex endeavor requiring a harness, a sling and several volunteers to operate a manual lift and steer him into a seat in the cockpit. Volunteer John Smith, 88, his nose white with sunscreen, sits behind Shanklin in his own seat, but Shanklin is in control.

David Andrew, a volunteer with Footloose since 1998, said he was committed to the organization the first time he sailed with it.

"My first time out was with a blind girl," he said. "It lifted her spirits so much."

"After a day here, you leave the dock and you don't feel so sorry for yourself for a time," *Tim Davidson volunteer dockmaster* says. Besides, he adds, "I love to sail. Why shouldn't everyone?"



"If a man must be obsessed by something, I suppose a boat is as good as anything, perhaps a bit better than most. A small sailing craft is not only beautiful, it is seductive and full of strange promise and the hint of trouble." E.B. White, the author of *Charlotte's Web* and *Stuart Little*.

Boats For Sale

INTERLAKE



Another generous sailor has donated a boat to Footloose for us to sell. The Interlake is an 18-foot centerboard dinghy. Its beam is 6' 3", draft is 4' 7" (board down), 8" (board up) and it displaces 650 pounds. It can be sailed by 1 to 5 adults or raced by 2 to 3 adults.



Please contact Footloose if you are interested in buying this boat. The sale price is \$1,000.

SUNDOLPHIN



Again a generous Footloose supporter has donated a boat for us to sell. This is a Sundolphin Tender Dinghy. It is 9' 4" long, 4' 7" wide and weighs 106 pounds. Capacity is 437 pounds. It is made of high density polyethylene and has a horse power rating of 5 HP. It comes with recessed beverage holders and built-in oarlock sockets.

According to the website SailboatsToGo.com it can be equipped with a bolt-on sail upgrade.

Please contact Footloose if you are interested in purchasing this vessel. The sale price is \$800.



Trailer For Sale



Footloose is selling the trailer shown above. The deck is 8' wide and 12' 11" feet long. The deck has been replaced with new decking. Please contact us if you are interested in it. The sale price is \$1,600.

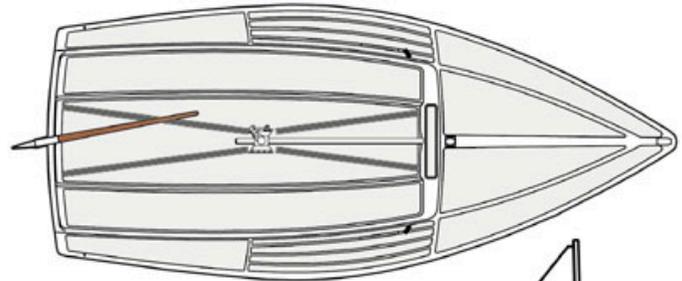
Footloose Paraphernalia

The following items can now be purchased at the Footloose store:

- Knit Beanie
- Spiral Notebook
- Stainless Steel Travel Mug
- Unisex Trucker Hat
- Unisex Twill Hat
- White Ceramic Mug

Just go to the Footloose website and click on "Shop". Thanks for supporting Footloose.

Boat For Sale



CATALINA 16.5 Principal Specifications

Length Overall	5.23m	17' 2"
Length of Hull	4.98m	16' 4"
Beam	2.13m	7' 0"
Draft	1.35m	4' 5"
Board up	0.13m	0' 5"
Ballast	13.6kg	30 lb.
Approx. Wt.	195kg	430 lb.
Sail Area		
Mainsail Rated	8.5m ²	91.5 sq. ft.
Total (100% foretriangle)	13.9m ²	150 sq. ft.
I	5.76m	18' 11"
J	1.68m	5' 6"
P	6.20m	20' 4"
E	2.74m	9' 0"
Mast length	6.96m	22' 10"
Sail Area/Displacement	42.13	
Steering		Tiller
Rigging Type		Single Spreaders
Shrouds		1x19
Uppers	0.32 cm	1/8"
Lowers	0.32 cm	1/8"
Forestay	0.32 cm	1/8"
Halyards		
Rope, low stretch	0.64 cm 1/4"	Led Aft
Boom Vang		Block and Tackle
Number of crew		1-4 Adults



All specifications are approximate. Specifications and/or equipment are subject to change without notice.

A Catalina 16.5 was graciously donated to Footloose to use or sell. As it is not suitable for our uses, we are selling it. It is over 20 years old but in good shape and comes with a trailer. If you are interested in purchasing it please contact us. The sale price is \$1,200 .



FOR MORE INFORMATION ABOUT FOOTLOOSE

Web site – footloosedisabledsailing.org

Email – info@footloosedisabledsailing.org

Like us on Facebook – [Footloose Sailing Association](#).

Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footloose.