

# WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock



Santa, December 26

## At The Tiller

Ahoy Footloose sailors!

Well, here we are again in the middle of a dark and wet Seattle winter. The boats are all put to bed and we'll keep a watchful eye on them through the storms. We'll look forward to some warm days out on the water next summer with warm memories of last summer. We'll also be working on the new reservation system this winter. See Changes for 2022 on the next page for details.  
(cont'd on Page 2)

Season's Greetings and Happy New Year

New Footloose Board of Directors - see details inside

Mid-Winter Potluck – Sorry, no

Changes for 2022 – see inside



*Footloose is an all-volunteer 501(c)(3) organization funded entirely by donations.*

## At The Tiller (cont'd)



Sadly, because of Covid and closed spaces we won't be having the annual Footloose potluck this winter.

Footloose always has ongoing efforts by volunteers in meetings, fund raising, administration, outreach, paperwork, accounting, maintenance, trailer and boat sales. A big thank you to the Footloose Volunteers as well as all the businesses and organizations that support us!

You can keep up with Footloose on our facebook page:

<https://www.facebook.com/FootlooseSailingAssociation/>

or at our website:

[footloosedisabledsailing.org](http://footloosedisabledsailing.org).

fair winds, Captain Bob

## Preparation for the Next Season - Access Dinghies

If you are interested in seeing how the Access dinghies are rigged, there are several videos on YouTube that you should check: How to rig a 303 access dinghy, Rigging a Hansa 303.

Please note that these videos have not been vetted by Tim, our Access expert and are meant as a guide only. Happy sailing.

## Changes for 2022

There will be a number of changes in how Footloose operates in 2022.

### Facilities

The Lakewood and Leschi marinas are being renovated. Work has been going on at Lakewood and South Leschi and work on North Leschi, where Footloose is, is expected to start in 2022. The Marina operator has not told us yet how we will be affected but assures us we will be able to continue sailing.

### Volunteers

We have been looking for an alternate to the operating requirements put out by Move United (formally Disabled Sports USA) prior to the pandemic, but have not been able to find one. This means that all volunteers that expect to participate in more than three (3) events in the summer will need to be screened, have a background check and take a sexual abuse awareness training course. We will follow up with more details once we get the latest requirements from Move United.

### Membership

There will be no membership fees in 2022. Participants and volunteers only need to fill out the membership forms in order to become members and join in any Footloose activities. Please sign up now on line so that we can start planning for the upcoming season.

### Donations

Participants are encouraged to donate \$15 for each sail.



## Help Support Footloose Financially At No Cost To You



## 2022 Footloose Board Members

The list of Board members published in the Fall Wind Word did not include one of our important shore-side volunteers Kathryn (Kat) Daniels. My apologies.

Amazon will donate 0.5% of the cost of your eligible purchases to Footloose through their AmazonSmile program. All you have to do is:

1. visit [smile.amazon.com](https://smile.amazon.com)
2. sign in with the same account you use for Amazon.com
3. select your charity, in this case "DISABLED SPORTS USA – Footloose Sailing Chapter."
4. Start shopping! Remember to checkout at [smile.amazon.com](https://smile.amazon.com) to generate donations for Footloose.

(more information can be found at [aboutamazon.com](https://aboutamazon.com))



## Smith Brothers Farms offers support to Footloose

Smith Brothers have announced a new fundraising program to support non-profits in the Puget Sound area. They will contribute \$50 to Footloose for everyone that signs up for home grocery delivery using our code. Each new subscriber will receive \$15 off their first order.

We would need to set up an account with Smith Brothers first for this to happen. Before we go through the process, we would like to confirm there is an interest. Please let Footloose know ([info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org)) if you are interested in signing up with Smith Brothers and we will set up an account.

The Footloose Board for 2022 is shown below:

Bob Ewing – President  
 Ken McKenzie – Vice-President  
 Susan Arrieta – Treasurer  
 Rowly Stow – Secretary  
 Keith Seiler – Quarter Master  
 Kat Daniels – Member at Large  
 Nancy McCraney – Member at Large  
 Tom Moberg – Member at Large  
 Polly Newcomb – Member at Large

## SAFETY NOTES

### DISTRESS LIGHT



Footloose will be purchasing 3 Sirius C-1003 SOS Distress lights for Joe’s Vision, Inspiration and the chase boat. These LED lights, coupled with a Distress Flag, meet the Coast Guard requirements for recreational marine vessels. We will no longer have to buy new flares every two or three years. All that is needed is a check of the batteries.

Just in case you are the one that needs to use the light, turn it on by holding the device body in one hand and turning the optical lens clockwise until the light turns on.

Please remember, if you need to get help, each boat is equipped with a radio, set to channel 68. Use this to call Footloose personnel for assistance. If this doesn’t work, hoist or wave the distress flag shown below and turn on the distress light. If it is an emergency and there is no response on the radio, call 911 on a cell phone.



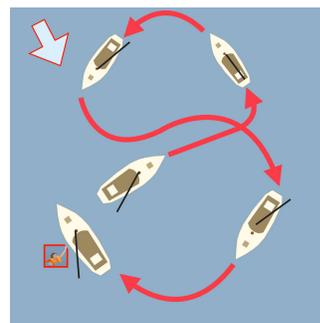
### MAN OVERBOARD

The term “Man Overboard” is no longer politically correct. However as it is the clearest way of stating that a person has become separated from the vessel, it is still in common use.

There is a possibility that someone, most probably an able-body crewmember, could fall off one of the bigger sailboats. If this does happen it is important that everyone on the boat play their part in the recovery of the lost crewmember. What you should do:

1. Yell “Man Overboard.”
2. Maintain visual contact with the person that has gone overboard. Do not look away as one of the hardest parts of a recovery can be just finding the victim.
3. If possible throw the person a flotation device, even if they have a life jacket on. The auto-inflate device on their jacket might not work. Also it helps show where they are.
4. Follow the instructions of the Skipper.

The method for redirecting the boat and getting back to the victim will vary depending on the conditions and is the Skipper’s decision, so their directions must be followed.



Above is shown one possible recovery route, with thanks to safe-skipper.com

## Footloose Training Manual

A Training Manual for Footloose is currently being written and is expected to be ready for the next sailing season. It is meant to be a guide primarily for new participants, volunteers and those just trying to get a better understanding of how Footloose operates. It will include:

- A brief history of Footloose
- Registration instructions for participants, volunteers and the people running the registration
- Financial information
- Boat assignments
- Use of slings
- Use of Martin upper-body harnesses
- Safety procedures
- Use of life jackets
- Radio usage
- Who provides what
- Setup – on shore, on the dock
- Martin 16 setup and put-away
- Martin 16 electronic control use
- *Inspiration* and *Joe's Vision* setup
- Access dinghy setup and storage
- Boat maintenance and repair request log
- Hoyer lift operation
- Trailer management
- Event teardown – on shore, on the dock
- Blake Island
- Sailing restrictions
- Sailing Zones
- Behaviour policy
- Roles and Responsibilities of participants and volunteers
- Specific Roles and Responsibilities of the Registrar. Escorts, Chase Boat Operator, Skippers, Able Bodies
- Disability Etiquette
- Incident Reporting
- Donations
- Bylaws
- Checklists

Look in the next Wind Word on how to access the Manual.

## Thanks to our many supporters

Even though our sailing season was greatly reduced, many people contributed to Footloose financially. We would like to thank the following for their wonderful support.

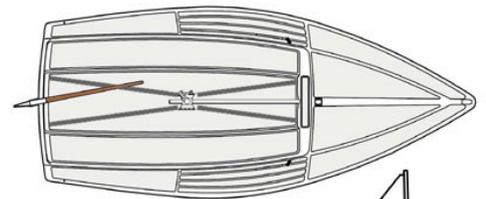
Ginger Alonso  
 David Andrew  
 Anonymous  
 David Brown for Julian Cortes  
 David Carpenter  
 Vicki Cizek  
 Clifford Cooley  
 Jane Cutting  
 Jerry Edwards  
 Dick Eitel  
 Emmanuel Episcopal Mercer Island  
 Brett & Kim Euchenhofer  
 Georgiana Gorasht  
 Michael Graves, Morgaine McFarland  
 Donna Haynes  
 Hodgons-Atkeson Giving Fund - Fidelity Charitable  
 Joshua Lee Holmes  
 Ryan Joseph  
 Risto Lappala  
 Jonathan Lasko  
 Sharon Mayo  
 Ken Macdonald  
 Ken McKenzie  
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 Judith O'Brien  
 Chris Olmsted  
 Kent Arthur Questad  
 Norma Jean Reece  
 Theodore Reyner  
 Rucoda Foundation  
 Keith Seiler  
 Sarah Smith  
 S.O.S.  
 Rowland Stow  
 Steve Summers  
 Tacoma Events Commission  
 Paul & Leslie Wyckoff

## BOATS FOR SALE

4 boats have been donated to Footloose that we are selling in order to raise funds. In addition to the 3 boats listed previously, the Bozick family has donated a Hobie Cat, complete with trailer.

The Interlake and the Catalina are currently being stored at the McKenzie property on Camano Island. If you live in the greater Seattle area and would be willing to help sell one of these boats by storing it on your property, please let us know as this would make the boat accessible to a larger market.

Please contact Footloose if you are interested in any of these vessels. Our email address is [info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org).



CATALINA 16.5 Principal Specifications

Length Overall	5.23m	17' 2"
Length of Hull	4.98m	16' 4"
Beam	2.13m	7' 0"
Draft	1.35m	4' 5"
Board up	0.13m	0' 5"
Ballast	13.6kg	30 lb.
Approx. Wt.	195kg	430 lb.
Sail Area		
Mainsail Rated	8.5m <sup>2</sup>	91.5 sq.ft.
Total (100% foretriangle)	13.9m <sup>2</sup>	150 sq.ft.
I	5.76m	18' 11"
J	1.68m	5' 6"
P	6.20m	20' 4"
E	2.74m	9' 0"
Mast length	6.96m	22' 10"
Sail Area/Displacement	42.13	
Steering	Tiller	
Rigging Type	Single Spreaders	
Shrouds		1x19
Uppers	0.32 cm	1/8"
Lowers	0.32 cm	1/8"
Forestay	0.32 cm	1/8"
Halyards		
Rope, low stretch	0.64 cm	1/4"
Lod Alt		
Boom Vang		Block and Tackle
Number of crew		1-4 Adults



All specifications are approximate. Specifications and/or equipment are subject to change without notice.

**Catalina 16.5 with trailer \$1,200**

The Bozick Hobie Cat may, or may not, be similar to this one, but you get the idea. The price has not yet been set, but if you are interested, we can set it fairly quickly.



**Sundolphin Tender  
\$800**

**18-foot Interlake  
\$1,000**



**Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footloose.**