

# WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock

## Footloose goes to Scotland



Captain Bob just returned from a trip to Scotland where he took on the North Sea in this 28-foot catamaran yawl rig.

## At The Tiller Summer 2023

Ahoy Footloose sailors!

Here we are in the middle of our summer sailing. We are still getting accustomed to the changes in the marina and figuring out how to get the events to flow better. The weather at one event was iffy, but we got the sail done with rain right at the last of the event. We've also been short handed so we appreciate your patience with that.

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## Schedule

Blake Island  
July 23, 24, 25

Day Sails

August 12

August 26

September 9

September 23

Shut Down

September 30



*Footloose is an all-volunteer  
501(c)(3) organization funded  
entirely by donations.*

## At The Tiller Summer 2023

(cont'd)

The next event is the Blake Island event which is now closed for registration. We are having problems finding boats to help take people to Blake, so we might not be able to take all the registered people. If you know a boat owner who could help let us know at [info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org). There will be two sailing events in August and two in September. Make sure that you show up with enough time to get you on the boat for the designated sail time at 12 or 2:30.

As mentioned in the spring newsletter, we have a new way of signing up for the events this summer. New participants contact Footloose through e-mail [info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org) to discuss needs and boats, but the old hands will be able to pick a day and a boat, make a reservation and prepay through PayPal (go sailing>daysail>register>boat&time). Then print out, fill out and bring the three registration forms (registration, liability and photo release) from the Footloose website with you to the event. Volunteers will need to bring the three forms from the Footloose website to the event and with regular attendance at some point be processed through the Move United national background check and the Safesport disability sensitivity program for volunteers. You only need to fill out the registration forms once a year, not for every event.

Footloose has ongoing efforts by volunteers in meetings, fund raising, administration, outreach, paperwork, accounting, maintenance, newsletter, trailer and boat sales. A big thank you to the Footloose Volunteers as well as all the businesses and organizations that support us! You can keep up with Footloose on our facebook page:

<https://www.facebook.com/FootlooseSailingAssociation/>

or at our website:

[footloosedisabledsailing.org](http://footloosedisabledsailing.org).

fair winds, Captain Bob

## Adapting to the new Marina Setup



The Spring edition of Wind Word reported on the renovations to Leschi North and their effect on our operations. We are happy to report that so far things are going as well as expected. The first step was to relocate the fleet to the south end of marina. Thankfully this has eliminated the spider's web of tie-up we used to have to go through with the chase boat and the Martins.

The photo above shows Rowly and Keith relocating the davit system base to the floating dock. This is working out well as the dock is lower than our old location and it also doesn't vary with the lake level. Access for the powered wheel chairs has proven to be good.

The reduced amount of loading/unloading dock space is causing congestion especially during the mid-day unloading/loading period. We have been using the north-south floating dock for participants that can access it but it is like a midway ride when the boat wakes hit.





## The Ongoing Saga of the Black Trailer



The last issue of Wind Word reported that the Black Trailer would not be used for each event. However Ken offered to haul the trailer back and forth (from Camano Is.) as this is still the easiest the way to handle our on-shore equipment. Unfortunately health issues meant he couldn't continue to do it. Fortunately Natalie stepped up (again) and took over the chore. She will be able to make the August 12<sup>th</sup> event but will not be able to make the following sail. So again we ask, if you or someone you know are able to haul the trailer to one or more events please let us know!

A picture of your rig and the trailer would be included in the next Wind Word.



Kat and Tim helping Aaron into the Martin

## Financial Support for Footloose

Many people are more willing to give to a non-profit if they know exactly where the money is being used. If you or someone you know are one of these people, please be aware of the following.

All of the money donated to Footloose is spent on the operation of the sailing program. No money is spent on salaries or fund-raising. If you are interested in supporting Footloose by paying specifically for one or more of the following expenses, please let us know.

- moorage
- storage rental
- insurance
- new dock boxes
- phone
- boat and trailer license tabs
- brochures
- business cards
- mailings
- maintenance parts and repairs



Joe's Vision and Crew





Some sail days start out a little wet...



but we persevere and set out...



It sometimes takes a while...



but eventually the winds pick up...

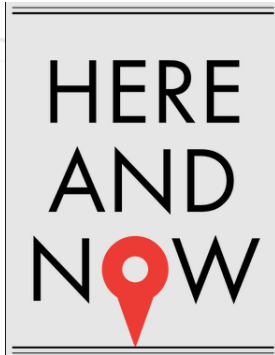


the sky clears...



and confusion reigns.





The mission of the Here and Now Project is to connect and empower the paralysis community in the Pacific Northwest. Through private support groups, community activities and larger annual gatherings, they have built a fellowship of paralysis survivors and supporters who encourage and inspire each other to “Do Life in the Here and Now.”

They are having their 10<sup>th</sup> Annual Paralysis Resource Expo on Sunday, September 24<sup>th</sup> at the Tukwila Community Center. Footloose will not be attending as a Partner but you are encouraged to attend if this is of interest to you. More information can be obtained at [hereandnowproject.org](http://hereandnowproject.org).



Teresa and John sailing in light air.



The theme continues. Morgaine and John leave the chase boat.



Matt retrieving Martin 8



Surprise and her see-through mainsail



Footloose received the following email from the SAKE paddling club.

Hi - I'm with SAKE paddling club, and we used to have our dragon boats moored at north Leschi. We relocated to south Leschi once those docks were completed. We would like to offer a dragon boat paddling experience to anyone who has an impairment. This is new to us, so I'm contacting you to learn any best practices. Our club requires everyone to wear a PFD, we'd have one experienced paddler assigned to each guest, and would only go out in good conditions. The south dock is not ADA compliant, so we'd have to use the north dock. Dragon boating is becoming much more accessible, and impaired paddlers can compete at the national and international level <https://www.usdbf.org/who-dragon-boats/paradragons/>

Thanks for any advice you have. Lesley

*Lesley Blyth* – [safety@clubsake.com](mailto:safety@clubsake.com)

Please contact Lesley directly if you are interested in this activity.



Aaron reminds Captain Bob that boats under sail have the right-of-way over powered boats.

## FOR SALE

Footloose is raising operating funds by selling the following donated equipment. Please contact us if you are interested. More details can be found in earlier versions of Wind Word.

18-foot Interlake, with trailer, \$1,000

Catalina 16.5, with trailer, \$1,200

Sundolphin Tender - \$800

Harbor 20 trailer (2,300 pound capacity, could be modified for other sailboats.) - \$1,500

### CONTACT FOOTLOOSE AT

[info@footloosedisabledsailing.org](mailto:info@footloosedisabledsailing.org)

Please forward this Newsletter to anyone you know that may be interested in sailing or volunteering with, or donating to, Footloose.