

WindWord

The Newsletter of the Footloose Sailing Association

Leave your disability at the dock

At The Duck Dodge



With his wheelchair firmly tied to the mast, Captain Bob and crew joined the Duck Dodge.

The Duck Dodge group welcomed Footloose to its June 17 race on Lake Union. The goal was to raise the Duck Dodgers' awareness of Footloose and highlight our volunteer opportunities.

The Duck Dodge hosts a series of sailboat racing events held Tuesday nights on Lake Union through the summer. With 5 separate starts it is designed for people and boats of all levels to have fun.

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Upcoming Events

July 12 – day sail

July 27, 28, 29 – Blake Island camping trip

August 9, 23 – day sails

September 6, 20 – day sails

October 4 – shut down

Footloose is a member of



Move United is the national leader in community adaptive sports.

Footloose is an all-volunteer 501(c)(3) organization funded entirely by donations.

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With sometimes over a hundred boats turning out on a very tight course, rules 3,5,7,9 and 11 of the "Classic Rules" state: No hitting one-another. Rule 12 reads: Never make a duck change its course (Dodge the Duck). They are celebrating their 51st year on Lake Union this year.



At the end of the day

Captain Bob reports

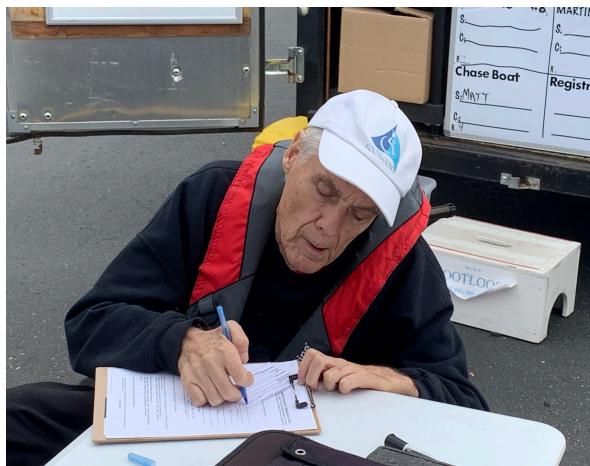
Eulalie, her husband Eric and I went to the Duck Dodge on my boat Surprise at 3 in the afternoon. We side towed a Martin 16 from Leschi to Lake Union with my wheelchair tied to the mast and a Footloose banner flying in the jib triangle. We had dinner at Ivar's then motored around near the committee boat dodging the 40 to 50 boats in the race and those forming up to race.

After the race we went over to the committee boat as some of the racers rafted up. We passed out cards and answered questions and then motored back to Leschi and had everything put to bed at 11:30.

We got some possible volunteers and raised \$2,000.00 for Footloose.



At The Tiller Summer 2025



Captain Bob fills out his 2025 Registration

Ahoy Footloose sailors!

The start of our season has been as wet, cold and disappointing as last year. Hopefully that weather has moved on and now we can look forward to some great summer sailing!

The Blake Island event will be July 27,28,29. Right now (late June) we are finding boats to help take people to Blake. Then we'll know how many can go to Blake. So, If you know a boat owner who could help let us know at info@footloosedisabledsailing.org. Use the same email if you would like to go as a participant.

There will be just one Leschi daysail in July and two sailing events in August and two in September. Make sure that you show up with enough time to get you on the boat for the designated sail time. 11am for the 12 o'clock sail, we're loading the boats at 11:30. 1:30 for the 2:30 sail, we're loading the boats at 2. Print out and fill out the registration-liability forms at home and bring them with you to the event, it makes things move faster at registration to get you out on the water! You only have to do the forms once a year.
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From the Tiller Summer 2025 (cont'd)

New participants contact Footloose through e-mail info@footloosedisabledsailing.org to discuss needs and boats, to pick a day and a boat, make a reservation and prepay through PayPal. Volunteers will also need to bring the registration-liability forms from the Footloose website to the event.

IF YOU DON'T FILL OUT AND SIGN THE FOOTLOOSE REGISTRATION-LIABILITY FORMS YOU ARE NOT COVERED BY THE FOOTLOOSE INSURANCE!

Footloose has ongoing efforts by volunteers in meetings, fund raising, administration, outreach, paperwork, accounting, maintenance, newsletter, trailer and boat sales. A big thank you to the Footloose Volunteers as well as all the businesses and organizations that support us!

You can keep up with Footloose on our facebook page:
<https://www.facebook.com/FootlooseSailingAssociation/>
 or at our website:
footloosedisabledsailing.org.

fair winds, Captain Bob



Inspiration takes off

Blake Island 2025



Courtesy - Tripadvisor

Footloose will be setting out on its annual Blake Island camping trip on Sunday, July 27. After meeting up at Elliot Bay marina, the fleet will sail across Puget Sound to the Blake Island state park. This 6.5 nautical mile trip will take approximately 3 hours, depending on the wind, tide, wave action and the type of boat. (This is sailing after all.)

Upon arrival at Blake, the equipment will be unloaded and tents will be set up on campsites on the south side of the island, just off the beach.

There are trails to hike, beaches to explore and great company to share time with at the campsite. An accessible restroom is located less than 200 feet from the site.

Campers are required to bring their own tents, sleeping bags and mattresses.

After two nights of camping the group will return to the mainland on Tuesday, July 29.

Participation is by reservation only. If you are interested or have any questions, please contact Bob at info@footloosedisabledsailing.org.

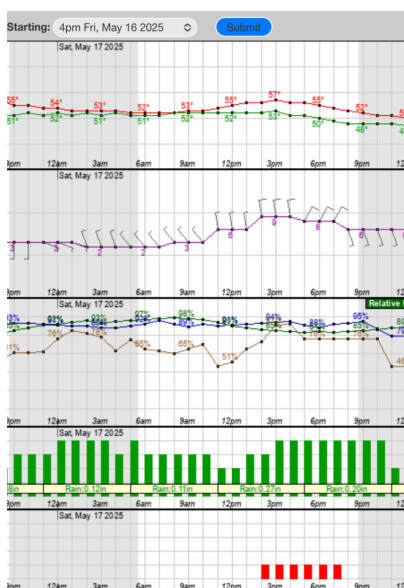
The Season So Far



April 26 (or there about) – The Access dinghies and the big boats were cleaned and prep'd, the chase boat and the Martins were returned to the water and Inspiration got a new main sail.



May 3 – Three big boat sails and two access dinghy sails, supported by at least 15 volunteers.



May 17 – with high winds, rain and lightning in the forecast, the event was cancelled ahead of time.



May 31 – Surprise, Vision and an Access dinghy were out on the water by noon. Very shortly after, the rains hit. The boats stayed out for half-an-hour before notifying the Dock Master they were headed in.

The Season So Far (cont'd)



June 14 - Several sailors showed up for the first sail, with Surprise, Inspiration and an Access dinghy taking to the water. However no one showed up for the second sail. The on-line booking system was showing boats being booked that weren't. Please contact us at info@footloosedisabledsailing.org for future bookings.



June 28 – A dozen participants, a great turnout of volunteers and sunny warm weather meant we were all ready for a great day of sailing. Although the winds were light it was very picturesque...



It was great to see Chris on the dock June 28. He didn't join us sailing as he now finds a day on the water with his friends and his new pontoon boat suits him better. Apparently it's easier to fish from.



Surprise sets out

Footloose Facebook Page



Please forward a copy of Wind Word to anyone who may be interested in sailing or volunteering with, or donating to, Footloose.